

2019 UEC ROAD EUROPEAN CHAMPIONSHIPS

Juniors – U23 – Elite

Alkmaar (NED)

7 – 11 August 2019

Technical Guide

(v_5)

1. ORGANIZATION

1.1. LOCAL ORGANIZING COMMITTEE (LOC)

Stichting Holland Evenementen (foundation)

Vincent Thijssen, Director

1.2. UEC REPRESENTATIVES

UEC Management Committee	Rocco Cattaneo (SUI), President Alexander Gusyatnikov (RUS), Vice President Agata Lang (POL), Vice President Henrik Jess Jensen (DEN), Vice President Martin Wolf (GER), Member Sahib Alakbarov (AZE), Member Alasdair MacLennan (GBR), Member
UEC General Secretary	Enrico Della Casa (ITA)
UEC Road Commission	Alexander Gusyatnikov (RUS), President Umberto Langellotti (MON), Member Sasa Gajicic (SRB), Member Cordiano Dagnoni (ITA), Member Tomaz Poljanec (SLO), Member Jakob Knudsen (DEN), Member
UEC Technical Delegate	Vladimiro Petsas (GRE)
UEC Press Officer	Stefano Bertolotti (ITA)
UEC Photographer UEC Photographer	Dario Belingheri (ITA) Luca Bettini (ITA)

1.3. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel	Sandro Coccioni (ITA)
UCI Commissaire 2	Martin Bruin (NED)
UCI Commissaire 3	Erwin Kistemaker (NED)
Additional Commissaires	Gerrit Roelofsen (NED)
	Martijn Swinkels (NED)
	Mark Renooij (NED)
	Sjaco Westdorp (NED)
	John Burger (NED)
	Honoré Pieters (NED)
	Ruud Kulsdom (NED)
	Jeroen Remmel (NED)
	Francois van Loon (NED)
	Johan van Hamont (NED)
	Marcel Vinkeles (NED)
	Erik Bos (NED)
	Leo Koorn (NED)
	Nelie Schouten (NED)

1.4. ANTIDOPING CONTROL

Doping control Officer appointed by the CADF: Marko Procikevici (SRB)
Local Anti-Doping Agency: tba

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Alkmaar must be covered by the National Federations.

Nearest airport is: Amsterdam Schipol airport, 45km from Alkmaar.

Transportation from Amsterdam Schipol airport to Alkmaar and vice versa is possible to arrange with the organizers for extra payment agreed mutually.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Nederland.

Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries.
For all invitation letter requests, please contact the UEC: mail@uec.ch

2.2. MEDICAL – EMERGENCY - LOCAL AUTHORITIES

OFFICIAL RACE DOCTOR

Jos Benders (Star for live)
phone number : tba

HOSPITALS

Noordwest Ziekenhuis groep Alkmaar
Wilhelminalaan 12

EMERGENCY AMBULANCE

phone: tba

POLICE

Contact: Johan de Caluwé
Phone: +31620539015

2.3. TEAMS / OFFICIALS ACCREDITATION

Accreditation can be collected starting from Tuesday, 6th August at the race permanence offices, located at the:

**De Meent Bauerfeind
Terborchlaan 301
Alkmaar**

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

2.4. PERMANENCE OPENING HOURS SCHEDULE

Tuesday, 6 th August	10:00 – 19:00
Wednesday, 7 th August	08:30 – 13:00 / 15:00 – 19:00
Thursday, 8 th August	08:30 – 13:00 / 15:00 – 19:00
Friday, 9 th August	08:30 – 13:00 / 15:00 – 20:00
Saturday, 10 th August	08:30 – 13:00 / 15:00 – 19:00
Sunday, 11 ^h August	08:30 – 13:00

2.5. MEDIA

MEDIA PERMANANCE – UEC PRESS CENTER

The Media Permanence and Press Room are located in:

**Acher de Vest 1
1811 JZ Alkmaar**

In order to access the UEC Press Centre an accreditation is necessary.

MEDIA PERMANANCE – UEC PRESS CENTER OPENING HOURS

Wednesday, 7 th August	09:30 – 18:30
Thursday, 8 th August	08:30 – 19:30
Friday, 9 th August	08:00 – 21:00
Saturday, 10 th August	08:00 – 19:30
Sunday, 11 ^h August	09:00 – 19:00

MIXED ZONE

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

FLASH INTERVIEW TENT

Next to the Awards Ceremony podium, UEC will organize a flash interview tent open for the media.

MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website (www.uec.ch dedicated page).

Media accreditation and photographers bib's can be collected at the media permanence as from the 11th of July.

For any further inquire please contact: Mr Stefano Bertolotti - s.bertolotti@uec.ch

**Location
Acher de Vest 1
1811 JZ Alkmaar**

3. OFFICIAL MEETINGS

3.1 COMMISSAIRES PANEL MEETING

Tuesday, 6th August – 11.00 at

**Acher de Vest 1
1811 JZ Alkmaar**

3.2. CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS

The confirmation of starters per race, the license check, the distribution of race numbers and transponders will be organized at the race permanence, located at:

**Acher de Vest 1
1811 JZ Alkmaar**

Tuesday, 6th August – 12:00 until 16:00

Licences check
Riders' confirmation
Check national teams clothing

Team managers must confirm all starters, presenting all licences (with passport for the juniors' category) and providing a sample of teams' apparel.

Riders' numbers will be distributed during that procedure. Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that procedure.

3.3. TEAM MANAGERS MEETING

Team managers meeting room:

**Acher de Vest 1
1811 JZ Alkmaar**

Tuesday, 6th August 19:00

Attendance is required for:

- UEC Road Commission President
- LOC representative
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer
- Event Director
- UEC Technical Delegate

3.4. DISTRIBUTION OF TIME TRIALS START LISTS

The distribution of start lists for all time trials will be organized at the race permanence, immediately after the team manager's meeting.

4. COMPETITION SCHEDULE

Wednesday, 7th August

10:00 – 11:30	Junior Women's Time Trial	22,4 km
12:15 – 13:45	Junior Men's Time Trial	22,4 km
15:00 – 17:00	Mixed Relay	44,8 km

Thursday, 8th August

09:00 – 10:15	U23 Women's Time Trial	22,4 km
10:45 – 12:00	Elite Women's Time Trial	22,4 km
13:30 – 15:00	U23 Men's Time Trial	22,4 km
15:45 – 17:15	Elite Men's Time Trial	22,4 km

Friday, 9th August

09:00 – 11:00	Junior Women's Road Race (6 laps x 11,5 km)	69,0 km
12:00 – 15:00	U23 Women's Road Race (8 laps x 11,5 km)	92,0 km
16:00 – 19:00	Junior Men's Road Race (10 laps x 11,5 km)	115,0 km

Saturday, 10th August

09:00 – 12:15	U23 Men's Road Race (12 laps x 11,5 km)	138,0 km
13:00 – 16:00	Elite Women's Road Race (10 laps x 11,5 km)	115,0 km

Sunday, 11th August

11:30 – 16:00	Men's Road Race	1 big loop of 46,16 km + 11 laps x 11,5 km) 172,66 km
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Competitions courses

Time Trials course link :

<http://afstandmeten.nl/index.php?id=2370327&key=MRBeiTKwGhhm6>

Road Races course link :

Men Elite big loop/Aanloop route Langedijk-HHW

<http://afstandmeten.nl/index.php?id=2370298&key=MRBeiTKwGhhm6>.

Alkmaar city circuit (all categories)

<http://afstandmeten.nl/index.php?id=2370309&key=MRBeiTKwGhhm6>

5. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

- 1.1 The 2019 UEC Road European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with the **Stichting Holland Evenementen (foundation)**, represented by Mr Vincent Thijssen, Director
- 1.2 The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3 The European Road Championships consist of mixed team relay race, time trial races and road races are scheduled **from 7 to 11 of August 2019**.

These Championships may be contested by riders entered by their National Federation as a National Team.

ARTICLE 2. TYPE OF THE EVENT

- 2.1 The event is open to athletes of the Women Junior (WJ), Men Junior (MJ), Women U23 (WU) and Men U23 (MU), Women Elite (WE) and Men Elite (ME) categories.
- 2.2 It is entered on the UCI calendar as a Continental Championships event (UCI CC).

ARTICLE 3. PARTICIPATION

3.1 National Federations may enter the following riders per Championship:

Mixed Team relay

1 team per nation

Each national team must be composed by a total of six riders of Elite and/or Under 23 age categories, three (3) men and three (3) women, of the same nationality.

Men start first and relay to their women teammates.

Time Trial – All age categories

2 riders per nation / per category

Reminder: Men's Under 23 riders who have participated in the Men's Elite individual time trial at a previous Road European Championships (2016 -2017-2018) may not ride the individual time trial for Under 23 riders.

Women's Under 23 riders who have participated in the Women's Elite individual time trial at a previous Road European Championships (2017 - 2018) may not ride the road race for Under 23 riders.

Road race - Women Junior, Men Junior, Women U23, Men U23

6 riders per nation / per category

Reminder: Men's Under 23 riders who have participated in the Men's Elite road race at a previous Road European Championships (2016-2017-2018) may not ride the road race for Under 23 riders.

Women's Under 23 riders who have participated in the Women's Elite road race at a previous Road European Championships (2017-2018) may not ride the road race for Under 23 riders.

Road race - Women Elite

UCI Ranking by Nations (published on the 1st July 2019)

- nations ranked 1 to 5: 8 riders
- nations ranked 6 to 10: 6 riders
- nations ranked 11 to 20: 4 riders
- nations ranked 21 to 40: 2 riders
- nations ranked 41 to 50 or non-ranked nations 1 rider

Note 1: Unused quota places will be reallocated to nations ranked 11 to 50 or non-ranked countries

Note 2: The hosting nation will be allowed to enter the maximum quota.

Road race - Men Elite

Cumulative ranking combining the UCI World Ranking by Nations & UCI Europe Tour ranking by Nation (published on the 1st July 2019)

- nations ranked 1 to 10: 8 riders
- nations ranked 11 to 20: 6 riders
- nations ranked 21 to 30: 4 riders
- nations ranked 31 to 40: 2 riders
- nations ranked 41 to 50 or non-ranked nations 1 rider

Note 1: Unused quota places will be reallocated to nations ranked 11 to 50 or non-ranked countries

Note 2: The hosting nation will be allowed to enter the maximum quota.

- 3.2. The National Federations have to register their riders directly on the UEC website (www.uec.ch). **The registration will open on Monday 08/07/2019. Deadline for the registrations is Friday 26/07/2019 midnight, Central European time.**

In accordance with the riders' registration the National Federations may add to the above-mentioned numbers of riders:

- max 2 reserve riders per category for the Time Trial & Mix relay
- max 4 reserve riders per category for the Road Race

The confirmation of the starters and the distribution of the race numbers will take place at the Race Headquarters located at the:

**Acher de Vest 1
1811 JZ Alkmaar**

on **Tuesday, 6th August – 12:00 until 16:00.**

The riders to contest each Championship shall be confirmed by an official of their Federation, to the Commissaires, during the confirmation procedure, before the start of the Team Managers meeting.

3.3 Riders ages in the Under 23 and Juniors Championships shall be as defined by the UCI.

The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

ARTICLE 4. TEAM MANAGERS MEETING - RACE OFFICE

4.1 The team managers' meeting, organized in accordance with the article 1.2.087 of the UCI regulations in the presence of Members of the Commissaires' Panel, is scheduled for **Tuesday, 6th August 19:00** at the:

**Acher de Vest 1
1811 JZ Alkmaar**

ARTICLE 5. STARTING ORDER IN TIME TRIALS – START PROCEDURE FOR ROAD RACES

5.1. The starting order for the **individual time trials** will be composed by the Commissaires' Panel in cooperation with the UEC Technical Delegate, taking into consideration objective criteria (UCI rankings, past and latest results, etc) and will be communicated after the team managers' meeting scheduled at 19:00. The riders will take the start with one-minute intervals.

- 5.2 The starting order for the **mix relay** will be composed by the Commissaires' Panel in cooperation with the UEC Technical Delegate, taking into consideration the cumulative final classifications combining the best 2 results per category / per gender on the following events:

Men & Women Elite TT 2018 World Championships;
Men & Women U23 TT 2018 World Championships;
Men & Women Elite TT 2018 European Championships;
Men & Women U23 TT 2018 European Championships.

Provisional nations ranking:

1	Germany	26	Sweden
2	Netherlands	27	Latvia
3	Italy	28	Croatia
4	France	29	Hungary
5	Belgium	30	Cyprus
6	Denmark	31	Serbia
7	Czech Republic	32	Turkey
8	Ukraine	33	Greece
9	Spain	34	Romania
10	Russia	35	FYR Macedonia
10	Austria	36	Azerbaijan
12	Switzerland		
13	Poland		<u>non ranked nations</u>
14	Ireland		Albania
15	Great Britain		Andorra
16	Portugal		Armenia
17	Luxembourg		Bosnia-Herzegovina
18	Slovenia		Bulgaria
19	Belarus		Georgia
20	Norway		Iceland
21	Slovakia		Kosovo
22	Israel		Liechtenstein
23	Lithuania		Malta
24	Estonia		Moldova
25	Finland		Monaco
			Montenegro
			San Marino

The teams will take the start with two-minutes intervals. The relay procedure will be illustrated during the Teams Managers' meeting.

- 5.3. For road races, before each race, complete National teams must be present on the presentation podium for the signing of the start sheet. The podium will be open 45 minutes before the start and will close 10 minutes before the start. Riders who fail to sign will not take the start.

ARTICLE 6. BICYCLES AND EQUIPMENT CONTROL - REGULATIONS

Time trials

- 6.1 For the time trial races each bicycle will be checked by the UCI commissaires. Each rider must present his/her bicycle for that check and verification at least 15 minutes prior to their personal start time.
- 6.2 For the WJ and MJ categories time trials, the gear ratios will be checked at the entrance of the starting zone.
- 6.3 During time trial races, changing of equipment and technical support is allowed from the team car.

Road Races

- 6.4 For the WJ and MJ categories road races, bicycles and equipment check will be finalized 15 minutes before the starting time at the latest. For that reason, riders must present their bikes in advance in order to complete this operation on time.
- 6.5 For the WJ and MJ categories road races, the gear ratios will be checked at the entrance of the starting zone. After those controls, the riders will not be allowed to take their bikes out of the control zone.
- During road races changing of equipment and technical support is allowed on every lap passing the boxes, from neutral vehicles and from their team cars.
- 6.6 The use of any radio communication or other remote means (earpieces, etc.) by or with the riders, as well as the possession of any equipment that can be used in this manner is not allowed.

Mixed team relay

- 6.7 For the mixed team relay race each bicycle will be checked by the UCI commissaires. Each team must present their bicycles for that check and verification at least 15 minutes prior to start time of the team.
- 6.8 Mixed team relay race will be run according to UCI regulations for Team Time Trials articles 2.05.001 to 2.05.016.

ARTICLE 7. RADIO TOUR

- 7.1 Race radio information will be broadcasted throughout each race. The allocated frequency will be announced during the team managers' meeting.
- 7.2 Radios will be handed out at

**Acher de Vest 1
1811 JZ Alkmaar**

Each team manager must sign the delivery sheet at receiving and returning of the transmitters, as well as pay the security deposit 50 €. Transmitters must be returned immediately after each race to the Race Headquarters.

ARTICLE 8. TEAM CARS

- 8.1 Team cars are allowed to the race convoy for all age categories. In accordance with article 2.2.032 of UCI regulations, the vehicles involved in the races are limited to the maximum height of 1.66 m. This rule does not apply in time trial races.
- 8.2 For road races the number and the order of cars in the race convoy will be determined by the Commissaires' Panel in accordance with the number of riders at the start and road safety criteria, taking in consideration the most recent UCI rankings available per age category.
- 8.3 Team with a small number of riders will have to share the same car.

ARTICLE 9. NEUTRAL TECHNICAL SUPPORT

The neutral support will be provided by Vittoria.

ARTICLE 10. FEEDING

- 10.1 No feeding is allowed during time trial races.
- 10.2 For all road races, except men's elite, feeding is allowed from the 3rd lap until the last lap (not included) each time passing the feeding zone and from team cars.

For men's elite road race, feeding is allowed starting at 30 km of the race. While entering the city circuit, feeding is allowed in each lap, until the last lap (not included) each time passing the feeding zone and from team cars.

- 10.3 Feeding by team cars for ALL categories is allowed starting at 30 km of the race until 20 km to the finish. Feeding zone is located at Saturnus straat (8.5 km from the starting line).

ARTICLE 11. FINISHING TIME LIMITS

- 11.1 There is no time limit for time trial races. On road races all overlapped riders will be eliminated.
- 11.2 In accordance with the UCI regulations, art. 2.3.039, any rider who is dropped behind and lapped by the lead riders before they start their final lap shall be eliminated and must leave the race. All other riders shall be classified in accordance with their position.

ARTICLE 12. AWARDS CEREMONIES

- 12.1 In accordance with article 1.2.112 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony and press conference.
- 12.2 For the time trial events a "hot-seat" zone for the best 3 times will be prepared near the finish line.
- 12.3 For the road races, riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

ARTICLE 13. POINTS SCALE

- 13.1 In accordance with the articles 2.10.008 and 2.10.017 of the UCI ranking points for the UCI Europe Tour WU, MU, WE and ME categories will be awarded.

ARTICLE 14. AWARDS AND PRIZE MONEY

Jersey and medals

Every European Championship will be awarded with:

- The 1st place: Champion(s) jersey (s) and Gold medal (s)**
The 2nd place: Silver medal (s)
The 3rd place: Bronze medal (s)

Prize money list (Amounts in Euro):

Place	JUNIOR MEN		JUNIOR WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 300,00	€ 600,00	€ 300,00	€ 600,00
2nd	€ 210,00	€ 420,00	€ 210,00	€ 420,00
3rd	€ 120,00	€ 240,00	€ 120,00	€ 240,00
Total	€ 630,00	€ 1.260,00	€ 630,00	€ 1.260,00

Place	U23 MEN		U23 WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 1'000,00	€ 2'000,00	€ 1'000,00	€ 2'000,00
2nd	€ 700,00	€ 1'400,00	€ 700,00	€ 1'400,00
3rd	€ 400,00	€ 800,00	€ 400,00	€ 800,00
Total	€ 2'100,00	€ 4'200,00	€ 2'100,00	€ 4'200,00

Place	ELITE MEN		ELITE WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 3'000,00	€ 6'000,00	€ 3'000,00	€ 6'000,00
2nd	€ 2'100,00	€ 4'200,00	€ 2'100,00	€ 4'200,00
3rd	€ 1'200,00	€ 2'400,00	€ 1'200,00	€ 2'400,00
Total	€ 6'300,00	€ 12'600,00	€ 6'300,00	€ 12'600,00

Place	Mix Relay
	Time Trial
1st	€ 2.000,00
2nd	€ 1.400,00
3rd	€ 800,00
Total	€ 4.200,00

ARTICLE 15. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event.
The antidoping tests will take place at: Acher de Vest 1 - 1811 JZ Alkmaar

ARTICLE 16. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 17. RESPONSIBILITIES

The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

Lausanne (SUI), 12.06.2019