

BMX TEAM GUIDE

10-11 August 2018

Glasgow BMX Centre, Glasgow, Scotland

www.glasgow2018.com

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Official Meetings Schedule

Registration and confirmation of all starters

Team managers must confirm all starters, present licences and provide a sample of the team clothing.

Thursday 9 August:

09:30-11:30

Team managers' meeting

Team managers' meeting will be in the **Championships lounge, at Glasgow BMX Centre** on:

Thursday 9 August:

09.00-09.30

Athletes' Lounge Glasgow BMX Centre Archerhill Road Knightswood Glasgow G13 3LS Timing transponders will be handed out together with start numbers and must be returned immediately after the race to the sport information desk on venue. If a transponder is not returned a £130 penalty will be applicable per transponder.

Training and Competition Schedule

Date	Event	Time	
Thursday 9 August	Team managers' meeting	09:00-09:30	
	Confirmation of starters	09:30-11:30	
	Rider track walk	10:00-11:30	
	Training Elite Women	12:30-14:00	
	Elite Men Group B	14:00-15:30	
	Elite Men Group A	15:30–17:00	
Friday 10 August	Training Elite Men	09:45–10:45	
	Elite Women	10:45-11:45	
	Qualifying	12:00-13:30	
Saturday 11 August	Training Elite Men	08:45–09:15	
	Elite Women	09:15-09:50	
	Finals	10:00-13:10	

Accreditation

Venue Accreditation Help Office (VAHO)

Team managers will be required to collect the accreditation cards for all team members, including the Member Federation delegates. Team managers will need to confirm their identity at collection, with a passport or national identity card, and sign a confirmation of receipt for all cards received from Glasgow 2018 Accreditation.

All accreditation must be picked up from the VAHO.

VAHO Address:

Main reception Sir Chris Hoy Velodrome (SCH)

Emirates Arena 1000 London Road Glasgow G40 3HG

Opening times:

Sunday 29 July	09:00-16:00
Monday 30 July	09:00-20:00
Tuesday 31 July	08:30-18:00
Wednesday 01 August	08:30-18:00
Thursday 02 August	07:30-20:20
Friday 03 August	11:00-21:00
Saturday 04 August	07:30-21:00
Sunday 05 August	07:30-21:00
Monday 06 August	08:30-21:00
Tuesday 07 August	09:00-16:15
Wednesday 08 August	08:30-21:00
Thursday 09 August	08:30-16:30
Friday 10 August	09:15-13:10
Saturday 11 August	08:15-13:10
Sunday 12 August	10:00-16:30

Accreditation quantities

The organiser will provide accreditation cards to:

- Nr. 1 pass Chef d'Equipe (head of country delegation)
 access to finish line
- Nr. 1 pass per country for National Coach (Championship class)

Note: The number of assistants is based on the number of attending riders (largest number on one of the two days—riders not entries (see examples below).

Each head of the national delegation will receive extra team staff accreditation cards to distribute to mechanics, physicians, national coaches or any other person within their delegation.

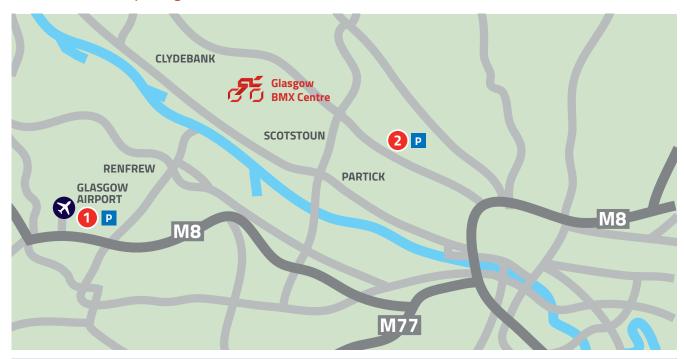
The number of assistants is based on the number of attending riders (see table below).

Number of assistants

Riders	Chef d'Equipe	Nat. Coach Championship	Assistant	Team Staff
1–2	1	1	0	0
3–5	1	1	1	0
6–10	1	1	2	2
11–50	1	1	2	4
51–100	1	1	3	4
101–200	1	1	4	4
201 +	1	1	5	4
Host country	1	1	5	4

General Information

Hotel locations and parking



Hotel parking

1. Holiday Inn Glasgow Airport Caledonia Way Paisley PA3 2TE

£10.00 per vehicle per day. Vehicles must be registered on arrival. 2. Queen Margaret Residences, University of Glasgow Bellshaugh Court Glasgow G12 OPR

Free parking at Residences. Vehicles must be registered on arrival.

Competition venue

Glasgow BMX Centre Archerhill Road Knightswood Glasgow G13 3LS

Elite athlete shuttle bus service: Accommodation to Glasgow BMX Centre

Timings for the bus service can be found at the Sports Information Desk and on the notice board at the Championship accommodation sites.

Arrival from airports and pick-up service

All accredited delegations, that have booked accommodation through Glasgow 2018 and adhere to booking deadlines, will be provided with return hotel transfers from Glasgow International Airport, which is the specified arrival point for the Championships. Transport will also be provided between accommodation and competition venue during training and competition days.

Venue parking and access

Access to the competition venues will be managed using a Vehicle Access and Parking Permit (VAPP). Those teams that are driving to Glasgow or hiring team vehicles in Glasgow will need to apply for a VAPP by emailing the below information to Glasgow2018Cycling@glasgow.gov.uk

- Type of vehicle
- Number of vehicles
- Venue for which you require access.

The VAPPs, which are free of charge, can be picked up at the VAHO.

Driving in Glasgow

There will be no 'games lanes' or dedicated transport infrastructure to support journey times to and from the venues. However, Glasgow 2018, along with its transport partners, has identified a set of core routes which will have additional monitoring

Visas

Each federation is responsible for obtaining the relevant documentation for their delegation.

To request an official visa invitation letter, please email: Glasgow2018Cycling@glasgow.gov.uk

More information on entry to the United Kingdom can be found on www.gov.uk/check-uk-visa

Smoking policy

Smoking in public buildings and on public transportation is prohibited in Great Britain. Any persons found in breach of this law may be subject to eviction from the venue and potential prosecution. There will be a clearly marked designated smoking area outside the venue TBC.

Money

The local currency in Great Britain is pound sterling (£). ATM machines can be found outside most banks, supermarkets and transport stations. There may be a charge for withdrawals but you will be notified of any charge prior to making the transaction. Most shops and restaurants accept debit and credit cards.

Language

The national language of Great Britain is English.

Tap water

Tap water in Great Britain is safe to drink unless otherwise signposted.

Electricity

Standard power sockets operate 240 volts. You will require a 3 pin converter in order to use your electrical appliances if purchased outside of Great Britain.

Telephone

The country code for Great Britain is +44.

Medical/emergency

Hospitals

Glasgow Royal Infirmary 84 Castle Street Glasgow G4 OSF

Queen Elizabeth University Hospital 1345 Govan Road Glasgow G51 4TF

Urgent medical care

Advice available from NHS24 www.nhs24.scot

Telephone: 111

Emergency

If at any point you require the police, fire or ambulance service, please dial 999. When making a call, remember the following points;

- Know your location
- Tell the operator which service you require
- Be prepared to answer basic questions.

Team Information

Sport information desk

A sport information desk is located adjacent to the athlete tent. The desk will provide a variety of services to teams as follows:

- Competition and training information
- Publication and distribution of start lists
- Publication of results
- Lost and found
- General information

Thursday 9 August: 08:45–17:30
Friday 10 August: 08:00–13:30
Saturday 11 August: 08:00–13:30

Team tents

Team tents will be available from Thursday 9 August and are allocated by the size of each team. Each team will be allocated a table and a chair for each member of the team. Due to the large number of people on venue, the space is limited and we ask you to keep to your allocated area. Please ensure equipment does not excessively narrow or block walkways.

Team managers' viewing area

An area for team managers will be located at the finish line. Wristbands will be supplied to all team managers to access this area.

Athlete's lounge

A lounge for athletes and support staff is located within the team area. Televisions showing the live feed of competition will be located in this area along with wireless internet. The lounge will be open during all training and competition sessions. Note: there are no changing room provisions on site.

Doping control

The anti-doping controls will be the responsibility of UK Anti Doping (UKAD). An official communiqué will be distributed by the appointed Doping Control Officer.

Anti-doping tests will be carried out by the UKAD Doping Control Officers in accordance with the UCI Regulations.

Chaperons have a duty to accompany athletes at all times and in all places. Athletes' team staff should ensure the chaperons are not prevented from observing the athlete. Riders are reminded that it is their responsibility to report for doping control.

The doping control testing station is located to the rear of the start hill.

Rider safety rules

While on the track, riders must wear a helmet. The use of personal stereo or headphones is forbidden while riding on the track.

Team medical

A team of doctors and paramedics will be present throughout official training and competition. The athlete medical tent close to staging will be available at all times that the venue is open to athletes, and medical staff will be based in the track centre during official training and racing.

Radio equipment

All teams are required to provide Glasgow 2018 with details of any radio equipment they intend to operate during the Championships. This is to enable spectrum management between all radio equipment in use during competition to avoid any disruption to event operations, results or broadcast. UK law is very strict regarding radio spectrum usage. Any team using equipment without an appropriate licence will be subject to prosecution and confiscation of the equipment.

As previously instructed, in the Cycling Bulletin, all teams should have registered their radio equipment by completing the radio spectrum registration form by 30 March 2018. Any applications submitted after this date may not be approved. Teams will be issued with a permit to operate their equipment at the Championships.

For further information please email: johndundas@dundastech.com

Results distribution

Results will be displayed on the noticeboard at sports information and available from www.europeanchampionships.com

Mixed Zone

Interview mixed zone

At the exit of the track (after the finish line) there will be a mixed zone where media and broadcast can have a short interview with riders.

Social media

Glasgow 2018 encourages and fully supports athletes, as well as other accredited persons, taking part in social media activities throughout the duration of the Championships. Glasgow 2018 want as many athletes and team staff as possible to share their experiences and successes at the Championships. It is worth noting the following:

All activities should be in a first-person, diary-type format and not in the role of a journalist, for example, reporting competitions. Posts may not include any information, which is confidential or private, in relation to any other person or organisation. Social media posts and blogs should at all times support the spirit of the Championships and shall not be discriminatory, offensive, hateful, defamatory or otherwise illegal and shall not contain vulgar or obscene words or images.

In addition, they should not:

- Intrude upon the privacy of participants or other accredited persons and entities
- Interfere with the competitions or the ceremonies of the Championships
- Violate security measures.

Photographs

Participants and other accredited individuals may take photographs within the competition venues and post them on social media platforms or websites for personal use. They are not permitted to commercialise, sell or otherwise distribute these photographs.

Accreditation zones

Accreditation zone privileges are printed on the accreditation card along with the individual's personal information, job title, country name and venue code.

Everyone participating in the Glasgow 2018 European Championships will be required to go through specific accreditation access control points to enter an accredited venue. This will be where the venue code on the card is checked.

Once inside the venue, an individual may be required to go through various other access control points to enter internal areas (zones). This is where the access codes (zone numbers) are checked on the accreditation card.

Accreditation must be worn and displayed at all times within an accredited venue.

The accreditation zoning implemented for Glasgow 2018 European Championships is reflected in the table below.

Accreditation zones

Zone	Area
1	Competition areas
2	Athletes' areas
3	Technical officials' areas
4	European Federations' areas
5	Anti-doping areas
6	Media/press areas
7	Broadcast areas
8	Operational areas
9	Protocol areas

BMX Elite European Championships Specific Regulations

Race information-rider registration

Riders can only register through their own National Federation – deadline 20 July 2018 www.uec.ch No individual registration will be accepted.

- In accordance with the UCI rules, only European riders can participate in the Continetal Championship race
- All riders must hold a national licence issued by an UCI affiliated Federation
- When collecting riders' packages at confirmation of starters, Chefs d'Equipe should bring a copy of the bank statement (provided by their federation), showing when the payment was made by bank transfer.

Riders' Categories BMX European Championships (CC)

Championship Class	Age	Entry fee
Elite Men	19 years and over	€90,00
Elite Women	19 years and over	€90,00
(Only	European riders allowed)	

Riders' equipment

- Front and side plate will be provided by the UEC at rider confirmation. Riders must use the numbers provided.
- The riders must display the number assigned to them - Career Number, if any, for Elite classes and International European Numbers assigned by the UEC race administrator
- It is the responsibility of the rider to check they have the correct number on their plate
- An incorrect number or no correct plate means no authorisation to start and then relegation
- All Championship riders, who possess a national jersey with career number must wear it. The world, continental and national champions must comply with this rule and wear their national team clothing while participating in the European Championships

Participation-Championship classes

- Each country is allowed to enter a maximum number of 16 riders in each Championship class
- All riders must compete in their national jersey

Medals and prize money

Every European Championship will be awarded with:

The 1st place: Champion(s) jersey and Gold medal

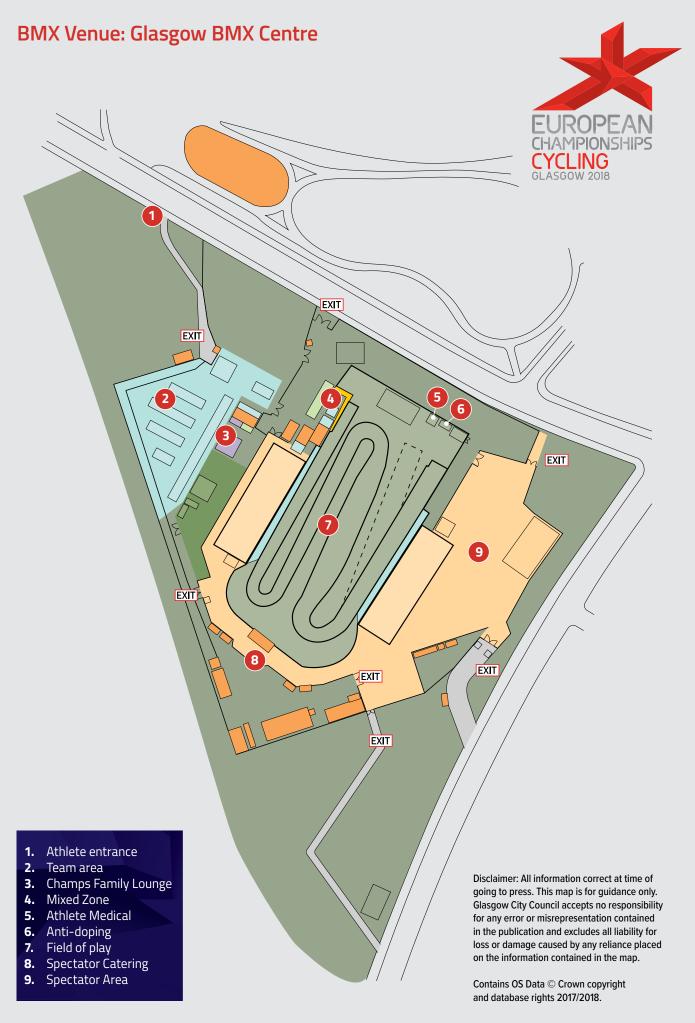
The 2nd place: Silver medal The 3rd place: Bronze medal

Riders shall appear at official ceremonies wearing competition clothing. Riders must present themselves at the podium within 10 min after crossing the finish line.

Prize money will be awarded according to the schedule below. The UEC will make payment by the end of October 2018 through the riders' national cycling federation.

Prize money

Position	Elite Men	Elite Women
1	€1′000,00	€1′000,00
2	€650,00	€650,00
3	€350,00	€350,00
4	€300,00	€300,00
5	€250,00	€250,00
6	€200,00	€200,00
7	€175,00	€175,00
8	€160,00	€160,00
Total	€3′085,00	€3′085,00



Glasgow 2018 European Championships - Programme Schedule

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European Triathlon Championships																						> 0			> 0			> 0			

Q Qualifier

Notes	

Glasgow 2018 Competition Management

Cycling Manager: Bob MacFarlane

Cycling Operations Manager: Leyanne Jenkins Competition Manager: Justine Cameron Event Venue Manager: Graeme Atkinson Venue Medical Manager: Nick Haines Telephone: +44 (0) 141 287 9621

Email: Glasgow2018Cycling@Glasgow.gov.uk

Address: Glasgow 2018 European Championships

Commonwealth House 32 Albion Street Glasgow, G1 1LH Scotland, UK

Website: <u>www.glasgow2018.com</u>

UEC Representatives

President: Rocco Cattaneo (SUI)
Vice-President: Agata Lang (POL)

Vice-President: Alexander Gusyatnikov (RUS) Vice-President: Henrik Jess Jensen (DEN)

Member: Sahib Alakbarov (AZE) Member: Martin Wolf (GER) Member: Alasdair MacLellan (GBR) General Secretary: Enrico Della Casa (ITA)

UEC BMX Commission

President: Jolanda Polkamp (NED) Member: Artis Ozols (LAT) Member: Pavel Kostyukov (RUS) Member: Michel Vermeiren (BEL)

Member: Martine Lascaux-Martinez (FRA)

Technical Delegate: Vladimiros Petsas (GRE) **Press Officer:** Stefano Bertolotti (ITA)

Photographer: Luca Bettini (ITA)
Photographer: Dario Belingheri (ITA)

Composition of the Commissaires Panel

President of Commissaires Panel: Beatriz Bertomeu (ESP)
Asst. President of Commissaires Panel: Euan Goodman (GBR)

Race Secretary: Phil Townsend (GBR)
National Commissaire: Neil Saunders (GBR)
National Commissaire: Mark Thomsett (GBR)
National Commissaire: Ria Goodman (GBR)
National Commissaire: Fiona Roy (GBR)
National Commissaire: Nicky Hawker (GBR)
National Commissaire: Simon Cope (GBR)
National Commissaire: Marian Whitehouse (GBR)
National Commissaire: Francesca Della Casa (ITA)





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