



# **2025 UEC MOUNTAIN BIKE EUROPEAN CHAMPIONSHIPS (CXX – XCR - XCO)**

**Melgaço (Portugal)**  
**23 – 27 July 2025**

# **TECHNICAL GUIDE**

V2 – 2.4.2025

## INTRODUCTION

This document summarises the information needed by the national federations concerning the participation of their riders at the 2025 UEC Mountain Bike European Championships. Mainly intended for team managers, this document focuses on the purely sporting aspects of the 2025 UEC Mountain Bike European Championships. If you have any questions concerning this document, please do not hesitate to contact the UEC.

## 1. ORGANISATION

### 1.1. LOCAL ORGANISING COMMITTEE (LOC)

FPC/UVP President	Cândido Barbosa	+351 917 015 354	<a href="mailto:candido.barbosa@fpciclismo.pt">candido.barbosa@fpciclismo.pt</a>
Event Director	Jorge Domingues	+351 968 580 929	<a href="mailto:jorgedomingues@melgacosportscenter.com">jorgedomingues@melgacosportscenter.com</a>
Technical Director	Rui Fernandes	+351 934 620 693	<a href="mailto:ruimefernandes@gmail.com">ruimefernandes@gmail.com</a>
Team area coordinator	Nuno Nabeiro	+351 932 886 408	<a href="mailto:nnabeiro@melgacosportscenter.com">nnabeiro@melgacosportscenter.com</a>
Accommodation - Hotels	Vera Ferreira	+351 911 526 451	<a href="mailto:vera.ferreira@cosmosportstravel.com">vera.ferreira@cosmosportstravel.com</a>
Accommodation - Houses	Henrique Silva –	+351 939 434 207	<a href="mailto:azevim.nature@gmail.com">azevim.nature@gmail.com</a>
Accreditation	Nelson	+351 966 121 016	<a href="mailto:nelson.gabriel@fpciclismo.com">nelson.gabriel@fpciclismo.com</a>
Race office	Toni Carmo	+351 914 641 403	<a href="mailto:toni.carmo@fpciclismo.com">toni.carmo@fpciclismo.com</a>
Press Office	Ana Monteiro	+351 919 283 665	<a href="mailto:team@cream.pt">team@cream.pt</a>

Event website: tbc

### 1.2. UEC REPRESENTATIVES

#### UEC Management Board

President	Enrico Della Casa (SUI/ITA)
Vice President	Katarina Jakubova (SVK)
Vice President	Raivo Rand (EST)
Vice President	Georgios Georgiou (CYP)
Member	Bernd Dankowski (GER)
Member	Dafna Lang (ISR)
Member	Sabrina Tsakona Twiss (GRE)

#### UEC Staff

UEC General Secretary	Alasdair MacLennan (GBR)
UEC Events Coordinator	Tiziana Lardieri (SUI)
UEC Technical Coordinator	Giorgio Baruffi (ITA)
UEC Technical Delegate	Paolo Pesse (ITA)
UEC Technical Collaborator	Vladimiro Petsas (GRE)
UEC Press Officer	Stefano Bertolotti (ITA)
UEC Videomaker	Christian Bohm (ITA)
UEC Photographer	tbc

**UEC MTB Commission**

tbc.

**1.3.COMPOSITION OF THE COMMISSAIRES PANEL**

**Commissaires'panel**

President of the Commissaires Panel (UCI) Maria Jesus Gonzalez de la Rosa (ESP)

Assistant PCP (UEC) tbc

Commissaire (UEC) tbc

Race secretary (UEC) Lino Nossa (POR)

National Commissaire (FPC) tbc

National Commissaire (FPC) tbc

National Commissaire (FPC) tbc

National Commissaire (FPC) tbc

National Commissaire (FPC) tbc

National Commissaire (FPC) tbc

**Speakers**

João Carvalho (Joca) and Pierre

**Timing / live timing**

Evodata (ITA)

## 2. GENERAL INFORMATION

### 2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Melgaço must be covered by the National Federations.

#### Airports

Nearest airports: Vigo, Spain (VGO): 45 km

Porto (OPO): 153 km, approx. 2h.

Santiago de Compostela (SCQ): 153 km, approx. 2h

#### Trains

Closest train station : Valença, at 39km. There is a fast train from Porto.

Visit <https://www.cp.pt/> for further details.

#### Official travel contact

[vera.ferreira@cosmosportstravel.com](mailto:vera.ferreira@cosmosportstravel.com)

#### Teams' area reservation

In order to reserve a team area, please use the paddock booking form available on the UEC website: <https://uec.ch/en/event/255/2025-uec-mtb-european-championships>

#### VISAS

Visa obligations must be respected.

Each Federation is responsible for obtaining documents for their delegation appropriate entries.

For further information, please visit the embassy website: <https://vistos.mne.gov.pt/en/>

For all invitation letter requests please contact the UEC: [mail@uec.ch](mailto:mail@uec.ch)

**All riders and attendants must hold insurance valid in Portugal.**

### 2.2. OFFICIAL ADDRESS OF THE COMPETITION VENUE

Centro de Estágios de Melgaço

4960-320 Melgaço

<https://www.melsport.pt/>

GPS: 42.11831, -8.27054

### 2.3. VENUE LAYOUT - COURSES MAPS

The venue layout and the maps of the courses can be found in the appendices at the end of the technical guide.

## 2.4.ACCOMMODATION

### UEC Official hotel

Hotel Monte de Prado  
Centro de Estágios de Melgaço  
<https://www.hotelmonteprado.pt/>

For other accommodation options check the following links:

<https://www.uec.ch/resources/2025%20Events/mtb/Team%20accommodation%20hotel%20-%20Melga%C3%A7o.pdf>

<https://www.uec.ch/resources/2025%20Events/mtb/Team%20accommodation%20house%20-%20Melga%C3%A7o.pdf>

For any bookings in the hotels, please contact:

[vera.ferreira@cosmosportstravel.com](mailto:vera.ferreira@cosmosportstravel.com) or [azevim.nature@gmail.com](mailto:azevim.nature@gmail.com)

## 2.5.EXTRA SERVICES

**Transfers:** For further details, please contact [vera.ferreira@cosmosportstravel.com](mailto:vera.ferreira@cosmosportstravel.com)

**Gym, Swimming pool & Spa:** please contact [geral@melgacosportscenter.com](mailto:geral@melgacosportscenter.com)

## 2.6.MEDICAL - EMERGENCY - LOCAL AUTHORITIES

A team of doctors and paramedics will be present onsite throughout official training sessions and competitions. The medical team will be based near the start/finish area.

**Official Race Doctor:** Dr. João Sousa  
Phone: 912 879 355  
E-mail: [joaomesousa@hotmail.com](mailto:joaomesousa@hotmail.com)

### Nearest hospitals

- Centro de Saúde de Melgaço: Rua Fonte da Vila, 4960-546 Melgaço  
+351 400 330
- Sub Monção: Lugar de Barreiras-Mazedo, 4960-404 Monção  
+351 251 653 926
- Hospital de Viana do Castelo: Estrada de Santa Luzia, 4900-408 Viana do Castelo  
+351 258 802 100
- Hospital de Braga: Rua das Sete Fontes, 4710-243 Braga  
+351 253 027 000

**Emergency ambulance:** Phone: **112**

**Police:** Phone: **112**

### Riders' safety on the roads

- After dark you will require a front and back light fitted to your bike.
- Ensure you adhere to all road signs and do not ride on the pedestrian's way; this is illegal and may result in a fine.
- Please make sure you have your ID with you when you are outside the venue.

### 3. TEAM SERVICES

#### 3.1. ACCREDITATION

##### Teams/Officials Accreditation

Team Accreditations can be collected from Tuesday, 22 July 2025, at the accreditation centre, during the opening hours:

Centro de Estágios de Melgaço – SDL  
GPS: 42.117283, -8.270927

Please ensure that you collect your accreditation as soon as you arrive as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

##### Accreditation centre opening hours:

<b>Monday, 21 July</b>	15:00 - 18:00	Only for UEC and LOC staff
<b>Tuesday, 22 July</b>	10:00 - 12:00	14:00 - 18:00
<b>Wednesday, 23 July</b>	09:30 - 12:00	14:00 - 18:00
<b>Thursday, 24 July</b>	08:30 - 12:00	14:00 - 17:00
<b>Friday, 25 July</b>	09:30 - 12:00	13:00 - 15:30
<b>Saturday, 26 July</b>	08:30 – 11:00	12:30 - 16:00
<b>Sunday, 27 July</b>	8:30 - 12:00	=====

Please be mindful that many of the event personnel you will encounter at the venue are volunteers so please treat them with courtesy, as without them the event would not be able to happen.

**Remark:** *The accreditation pick-up for a rider cannot be considered as a confirmation of his participation. All National Federations - by an appointed Team Manager only - have to show up at the time of the riders' confirmation to ensure the participation of their riders.*

#### 3.2. RACE OFFICE

Race office at:  
Centro de Estágios de Melgaço - ESDL  
GPS: 42.117283, -8.270927

This is where event information can be found such as training schedules, bib numbers schedule, etc.

### 3.3. PERMANENCE ORGANISTON

Centro de Estágios de Melgaço - ESDL  
GPS: 42.117283, -8.270927

#### Opening hours:

<b>Tuesday, 22 July</b>	08:30 - 18:00
<b>Wednesday, 23 July</b>	08:30 - 18:00
<b>Thursday, 24 July</b>	08:30 - 18:00
<b>Friday, 25 July</b>	08:30 - 18:00
<b>Saturday, 26 July</b>	08:30 - 18:00
<b>Sunday, 27 July</b>	08:30 - 18:00

For general query, accommodation, car parking, lost property, etc.

#### Info point

GPS: <https://maps.app.goo.gl/i85VRENbjovEDxjF6>

### 3.4. TEAMS PARKING AREAS

Parking 1 - short term - for registration      GPS: 42.117443, -8.271061  
Parking 2 - long term - Team area              GPS: 42.117576, -8.271634  
Parking 3 - long term - Team area.              GPS: 42.118708, -8.271330  
Access to this area will be restricted to specific hours.

Passes for both parking pass areas can be picked up from the accreditation centre.

## 4. OFFICIAL MEETINGS

### 4.1. CONFIRMATION OF STARTERS / LICENSE CHECK

Tuesday, 22 July	14:00 - 18:00
Wednesday, 23 July	10:00 - 13:00
	14:00 - 18:00
Thursday, 24 July	08:30 - 10:30
Friday, 25 July	10:00 - 12:00

All National Federations have to show up at the time of the riders' confirmation to ensure the participation of their riders. The accreditation pick-up for a rider cannot be considered as a confirmation of his participation.

**Remarks:**

- Timing transponders will be handed out together with start numbers and must be returned immediately after the race at the tent located near the finish line.
- At the time of the riders' confirmation, team managers must present their national outfit to the commissaires.
- Race numbers must be collected at the time stated in the Championships programme. Riders' licences and passports must be submitted to the commissaires panel.
- The race number for the team relay shall be given the morning of the event or in accordance with the instructions given by the Commissaires Panel at the team Managers' Meeting.
- rider shall ensure that their identification number is visible and legible at all times. The identification number shall be well fixed and may not be folded or altered.
- Please note that training will not be authorised without a number plate.

**4.2. TEAM MANAGERS MEETING**

**Date:** Wednesday, 23 July 2025  
**Time:** 19:00  
**Location:** Auditorium next to Race Office  
**GPS:** <https://maps.app.goo.gl/eewQiMVG3qjdaXeR9>

Attendance is required by:

- UEC MTB Commission President
- Representative of the Local Organising Committee
- UCI and National Commissaires
- Team Managers
- Event Director
- UEC Technical Delegate
- UEC Technical Coordinator

**4.3. OFFICIAL INFORMATION**

All official information related to the event, Entry Lists, Starting List, Official Results and Official Communiqué will be, in addition to being affixed at the Race Office, published using the following communication channels to which you can add yourself using the links or QR Code at the side:

<b>WHATSAPP :</b>	
<b>TELEGRAM:</b>	<a href="https://t.me/+IOf-YhvliaoA40TA0">https://t.me/+IOf-YhvliaoA40TA0</a>



## 5. MEDIA

### 5.1. MEDIA CENTRE

The Media Centre during the MTB events is located: in the first floor of the race office.

GPS: <https://maps.app.goo.gl/79rzt8AxHAs1wQEa6>

To access the Press Area accreditation is necessary.

To apply for media accreditation, please visit the UEC website: <https://www.uec.ch/en/media>  
Media accreditation and photographer's bibs can be collected during the opening hours of the Accreditation Centre.

Please ensure that you collect your accreditation as soon as you arrive onsite as it will be required to access all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

For any further inquire please contact Mr. Stefano Bertolotti, UEC Press Officer [s.bertolotti@uec.ch](mailto:s.bertolotti@uec.ch) or Ana Monteiro [team@cream.pt](mailto:team@cream.pt)

Parking for media is available at: the MTB venue, parking 1 - short term  
GPS: 42.117443, -8.271061

### Opening hours

Wednesday, 23 July	10:00 - 18:00
Thursday, 24 July	10:00 - 20:00
Friday, 25 July	11:00 - 18:00
Saturday, 26 July	10:00 - 20:00
Sunday, 27 July	10:00 - 20:00

### 5.2. FLASH INTERVIEW ZONE










Next to the Awards Ceremony podium, a flash interview zone will be organised open for the media.





## 6. COMPETITION SCHEDULE






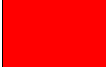
Schedule subject to change depending on the XCC entries, XCO circuits and TV restrictions.

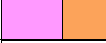


Day	When	What	Where	
<b>TUESDAY 22 July 25</b>	14:00 - 16:00		Track closed - UEC Inspection	
	18:00		Commissaires meeting	
	14:00 – 18:00		<b>Rider Confirmation all categories all races</b>	<b>RACE OFFICE</b>
	16:30		Unofficial course reconnaissance ( <b>NO</b> emergency services or marshals in place)	

<b>WEDNESDAY 23 July 25</b>	10:00 – 13:00		<b>Rider Confirmation all categories all races</b>	<b>RACE OFFICE</b>	
	14:00 – 18:00				
	08:30 – 10:00			Training XCC – ALL Women	<b>XCC COURSE</b>
	10:00 - 11:30			Training XCC – ALL Men	
	11:30 - 13:00			Training XCR/XCO- U23 Women and Elite Women	<b>XCR/XCO COURSE</b>
	13:00 - 14:30			Training XCR/XCO – U23 Men and Elite Men	
	14:30 - 16:00			Training XCR/XCO- Junior Men Junior Women	
	<b>16:15</b>			Qualification heat Men (Elite+U23) #1, #2 and #3 (TBD) <b>(12')</b>	<b>XCC COURSE</b>
				Qualification heat Women (Elite+U23) #1 and #2 (TBD) <b>(12')</b>	
	<b>17:15</b>			Qualification heat Men Junior #1 and #2 (TBD) <b>(10')</b>	
<b>18:00</b>			Team Managers Meeting		
18:00			Unofficial course reconnaissance ( <b>NO</b> emergency services or marshals in place)		

<b>THURSDAY 24 July 25</b>	08:00 – 10:30		Riders confirmation, final for XCR - And numbers change for XCC finals qualified	<b>RACE OFFICE</b>
	08:30 – 09:30		Official training XCC for Women	<b>XCC COURSE</b>
	09:30 - 10:30		Official training XCC for Men	
	<b>11:00 - 11:30</b>		<b>Women Junior's Cross Country, Short Track (XCC), Final</b>	<b>XCC COURSE</b>
	<i>11:30 - 11:45</i>		<i>Junior Women's Cross Country, Short Track (XCC) Awards Ceremony</i>	
	<b>11:45 - 12:15</b>		<b>Men Junior's Cross Country, Short Track (XCC), Final</b>	<b>XCC COURSE</b>
	<i>12:15 - 12:30</i>		<i>Junior Men's Cross Country, Short Track (XCC) Awards Ceremony</i>	
	12:30 - 14:00		Official training XCR/XCO for Men & Women U23+Elite	<b>XCR/XCO COURSE</b>
	14:00 – 15:30		Official training XCR/XCO for Junior Men + Women	
	<b>16:00 – 16:30</b>		<b>Women (Elite's+U23) Cross Country, Short Track (XCC), Final</b>	<b>XCC COURSE</b>
	<i>16:30 – 16:45</i>		<i>Women (Elite's+U23) Cross Country, Short Track (XCC) Awards Ceremony</i>	
	<b>16:45 – 17:15</b>		<b>Men (Elite's+U23) Cross Country, Short Track (XCC), Final</b>	<b>XCC COURSE</b>
	<i>17:15 – 17:30</i>		<i>Men (Elite's+U23) Cross Country, Short Track (XCC) Awards Ceremony</i>	
	17:15		Unofficial XCR/XCO course reconnaissance ( <b>NO</b> emergency services or marshals in place)	
	18:30 – 19:00		Final confirmation for Team Relay (XCR) – Race office – S/F-line	<b>RACE OFFICE</b>

<b>FRIDAY 25 July 25</b>	10:00 – 12:00		Riders final confirmation for all XCO races (Junior, U23 and Elite)	<b>RACE OFFICE</b>
	09:00 – 11:00		Official training XCR/XCO for Junior Men and Women	<b>XCR/XCO COURSE</b>
	11:00 – 14:00		Official training XCR/XCO for Men and Women U23+Elite	
	14:00 – 15:00 <b>15:30 – 16:30</b>		Official training <b>ONLY</b> for Team Relay (XCR) <b>Team Relay (XCR), Final</b>	
	16:30 – 16:45		<i>Team Relay Awards Ceremony (XCR)</i>	
	16:30		Unofficial XCO course reconnaissance ( <b>NO</b> emergency services or marshals in place)	

<b>SATURDAY 26 July 25</b>	08:30 – 10:30		Official training XCO for Junior Men and Women	<b>XCR/XCO COURSE</b>
	<b>11:00 – 12:15</b>		<b>Men Junior's Cross Country, XCO, Final</b>	
	12:15 – 12:30		<i>Junior Men's Cross Country, (XCO), Awards Ceremony</i>	
	12:30 – 13:45		Official training XCO for Men U23	<b>XCR/XCO COURSE</b>
	<b>14:15 – 15:30</b>		<b>Women Junior's Cross Country, XCO, Final</b>	
	15:30 – 15:45		<i>Junior Women's Cross Country, (XCO), Awards Ceremony</i>	
	<b>16:15 – 17:45</b>		<b>Men U23's Cross Country, XCO, Final</b>	<b>XCR/XCO COURSE</b>
	17:45 – 18:00		<i>Men U23's Cross Country, (XCO), Awards Ceremony</i>	
17:45		Unofficial XCO course reconnaissance ( <b>NO</b> emergency services or marshals in place)		

<b>SUNDAY 27 July 25</b>	08:30 – 09:30		Official training XCR/XCO for Women U23+Elite	<b>XCR/XCO COURSE</b>
	09:30 – 10:30		Official training XCR/XCO for Men Elite	
	<b>11:00 – 12:30</b>		<b>Women U23's Cross Country, XCO, Final</b>	
	12:30 – 12:45		Women U23's Cross Country, (XCO) Awards Ceremony	
	<b>13:30 – 15:10</b>		<b>Women Elite's Cross Country, XCO, Final</b>	<b>XCR/XCO COURSE</b>
	15:10 – 15:25		Women Elite's Cross Country, Awards Ceremony	
	<b>16:10 – 17:50</b>		<b>Men Elite's Cross Country, XCO, Final</b>	
17:50 – 18:05		Men Elite's Cross Country, Awards Ceremony		

## 7. EVENT SPECIFIC REGULATIONS

### ARTICLE 1. GENERAL RULES

- 1.1. The 2025 UEC MTB European Championships for Elite, U23 and Juniors categories, are organised by the Union Européenne de Cyclisme (UEC) in cooperation with Melsport E.M and the Portuguese Cycling Federation.

The technical preparation and coordination will be done by the Event Director: **Mr Jorge Domingues**

- 1.2. The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3. The 2025 UEC European MTB Championships consist of the following races:
- Cross Country Short Track (XCC), Team Relay (XCR), and Cross Country (XCO).

They are scheduled from 23-27 July 2025

These Championships may be contested by riders entered by their National Federation as a National Team.

### ARTICLE 2. TYPE OF THE EVENT

- 2.1. The event is open to athletes of the Women Junior (WJ), Men Junior (MJ), Women U23 (WU), Men U23 (MU), Women Elite (WE) and Men Elite (ME) categories.
- 2.2. Age categories for which the individual title of the European Champion will be awarded are the following:

- **Men Elite** for XCO / XCC /XCR (aged 23 and over)
- **Men U23** for XCO / XCC /XCR (aged 19 to 22)
- **Women Elite** for XCO / XCC /XCR (aged 23 and over)
- **Women U23** for XCO / XCC /XCR (aged 19 to 22)
- **Men Junior** for XCO / XCC /XCR (aged 17 and 18)
- **Women Junior** for XCO / XCC /XCR (aged 17 and 18)

- 2.3. It is entered on the UCI calendar as a Continental Championships event (UCI CC).

### ARTICLE 3. PARTICIPATION

#### 3.1. Cross Country Short Track (XCC)

XCC will be organised for the following categories:  
Men Elite, Women Elite, Men Junior and Women Junior.

#### Participation for all categories:

Total riders that may be registered: 12 riders per category/per nation.  
Maximum 8 riders to start per category/per nation.

### 3.2. Team Relay (XCR)

In accordance with the UCI rules, article 9.2.032, for the team relay, each nation may enter only one single team.

Each national team shall be made up of 6 riders as follows: 1 Men Elite, 1 Women Elite, 1 Men U23, 1 Men Junior, 1 Women U23 and 1 Women Junior.

However, the following substitutions shall be permissible:

- **1 Men Elite** by Women Elite or Men U23 or Men Junior or Women U23 or Women Junior
- **1 Women Elite** by Women U23 or Women Junior
- **1 Men U23** by Women Elite or Women U23 or Men Junior or Women Junior
- **1 Women U23** by Women Junior
- **1 Men Junior** by Women Junior
- **1 Women Junior** (compulsory)

**For the UEC European Championships Team Relay**, the team manager must use the form provided, to notify the names and categories of the riders making up their team and their start order to the President of the Commissaires' panel, on **Thursday, 24 July at 18:30**, at the Race Office.

This start order may not be altered subsequently.

The exchange boxes will be allocated on the basis of the results of the team relay event in the preceding European championships. The order of nations not placed will be determined by drawing lots. The first nation will be installed in box number 1 and so on.

**Note that UCI points which will be awarded to the team relay will be given to the nation and not to the individual riders.**

### 3.3 Cross Country Olympic Format (XCO)

XCO will be organised for the following categories:

**Men Elite, Women Elite, Men U23, Women U23, Men Junior and Women Junior.**

Participation for all categories:

Total riders that may be registered: 12 riders per category/per nation.

**Maximum 8 riders to start per category/per nation.**

### 3.4. Riders' registration - Final confirmations times

The National Federations have to register their riders and staff **on the UEC website:**  
<https://uec.evodata.it/landing/index.php>

***The registration will open on 14 April 2025 (12:00 CET)***

***The registration will be closing on 13 July 2025 (23.59 CET)***

### 3.5. Riders ages

The age of a rider, defined according to the UCI Regulations, shall be determined by the difference between the year of the event and the year of birth of the rider.

## ARTICLE 4. RACES PROCEDURES

### 4.1 XCO / XCC - start procedure

For all XCO races, the start procedure will be conducted according to the following UCI MTB Regulations:

4.1.030. For Olympic Games, World Championships, World Cup and Continental Championship events and hors class events, the organizer must make provisions for a call-up area which is sufficiently large for riders to warm up in, close to the start zone.

3.1.31. In mass start events, riders must be called to the start no earlier than 20 minutes before the scheduled start of the race. This period can be reduced where the number of riders allows.

Five minutes before the call-up an announcement must be made over the public address system to inform riders of the fact, and again three minutes beforehand.

The riders line up in the order in which they are to be called to the start line. The number of riders on each line is decided by the President of the commissaires' panel and supervised by a commissaire. The rider himself decides which position on the line to take.

Once the riders are lined up, warm-up (by rollers, turbo trainer etc.) is excluded inside or outside the start area.

The start is given by the commissaire using the following the procedure: warnings at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start is given within the next 15 seconds.

A starting pistol or start lights, if none is available, a whistle will be used to give the start.

4.1.033. The start briefing will be given in at least one of the official languages of the UCI.

### 4.2 XCC and XCO race numbers

Race numbers are distributed according to the latest updated UCI XCO ranking, unclassified riders: by nations in rotation.

### 4.3 XCC Special Procedures

#### if qualification needed

If more than 40 riders are entered and confirmed, qualification heats will be organised. Qualification (if needed) will be organised on Wednesday afternoon.

- For each qualifying heat there will be a maximum of 40 starters (or the number closest to 40);
- The qualified for each heats will be determined according to the number of qualifying heats until the number closest to 40 for the final is reached

- The Heats will be composed by alternating numbers in sequence; below is an example diagram with 3 Heats:

		HEAT		
		A	B	C
BIB	1	2	3	
	4	5	6	
	7	8	9	
	etc.			

**For the final:**

**a) if qualification needed**

Call up by qualifying heats results: 1st places by time, 2nd places by time, 3rd places by time, etc.

**b) if no qualification needed**

Call up in the direct final: race numbers according to the latest updated UCI XCO ranking, unclassified riders: by nations in rotation

**To note that the bike used for Cross Country Short Track does not have to be the same as the bike used for Cross-Country Olympique.**

**ARTICLE 6. TECHNICAL ASSISTANCE**

The following UCI Regulations will be applicable:

4.2.044. No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.

4.2.045. Technical assistance during a race is permitted subject to the conditions below.

4.2.046. Authorized technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame. Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

4.2.047. Technical assistance can only be given in the feed/technical assistance zones.

4.2.048. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

4.2.049. In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team.

**During the European Championships, technical assistance is only authorized between riders of the same national team, racing in the same category.**



Riders may carry tools and spare parts if these do not involve any danger to the rider himself or the other competitors.

### **ARTICLE 7. TECHNICAL ASSISTANCE / FEEDING ZONES**

In XCO races, two single, or one double, feed/technical assistance zones will be organized.

The location of the feed/technical assistance / feeding zones will be shown in the official race maps.

Feed/technical assistance zone passes will be distributed immediately after the Team Managers meeting.

### **ARTICLE 8. AWARDS CEREMONIES**

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and/or press conference.

Riders shall appear in racing attire, wearing their neutral jerseys but bare-headed and without headband or glasses, until they leave the official ceremony enclosure.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

### **ARTICLE 9. AWARDS AND PRIZE MONEY**

#### **Jersey and medals**

Every European Championship will be awarded with:

The 1st place: Gold medal and Champion(s) jersey

The 2nd place: Silver medal

The 3rd place: Bronze medal

#### **Prize money list (Euro):**

<b>XCC (M/W)</b>		
<b>Place</b>	<b>Junior</b>	<b>Elite</b>
1st	€ 380,00	€ 625,00
2nd	€ 190,00	€ 375,00
3rd	€ 100,00	€ 250,00
<b>Total</b>	<b>€ 670,00</b>	<b>€ 1'250,00</b>

<b>XCR</b>	
<b>Place</b>	
1st	€ 1'875,00
2nd	€ 1'250,00
3rd	€ 625,00
<b>Total</b>	<b>€ 3'750,00</b>

<b>XCO (M/W)</b>			
<b>Place</b>	<b>Junior</b>	<b>U23</b>	<b>Elite</b>
1st	€ 380,00	€ 470,00	€ 625,00
2nd	€ 190,00	€ 250,00	€ 375,00
3rd	€ 100,00	€ 160,00	€ 250,00
<b>Total</b>	<b>€ 670,00</b>	<b>€ 880,00</b>	<b>€ 1'250,00</b>

## ARTICLE 10. ANTIDOPING

The event may be selected for doping controls either by the International Testing Agency (ITA) or by the National Antidoping Agency. If selected, doping controls will be conducted under the UCI Anti-Doping Rules.

The antidoping tests will take place at the Antidoping Station located near the start/finish area.

## ARTICLE 11. PENALTIES

The UCI penalty scale is the only one applicable.

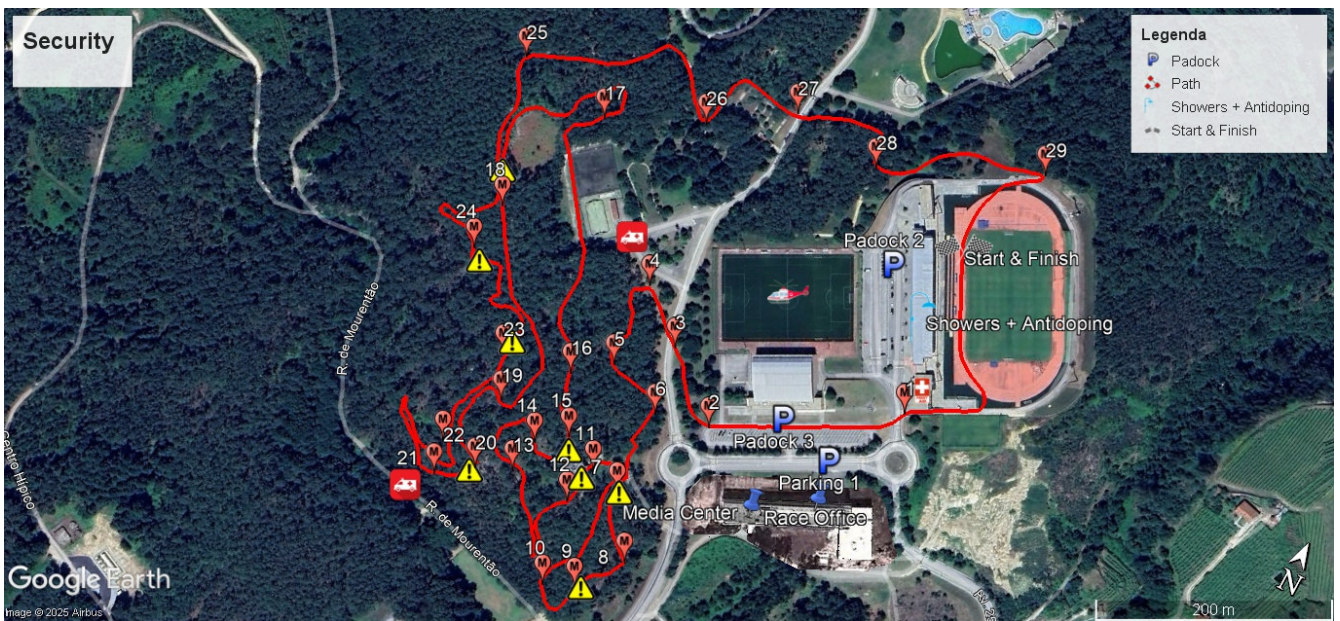
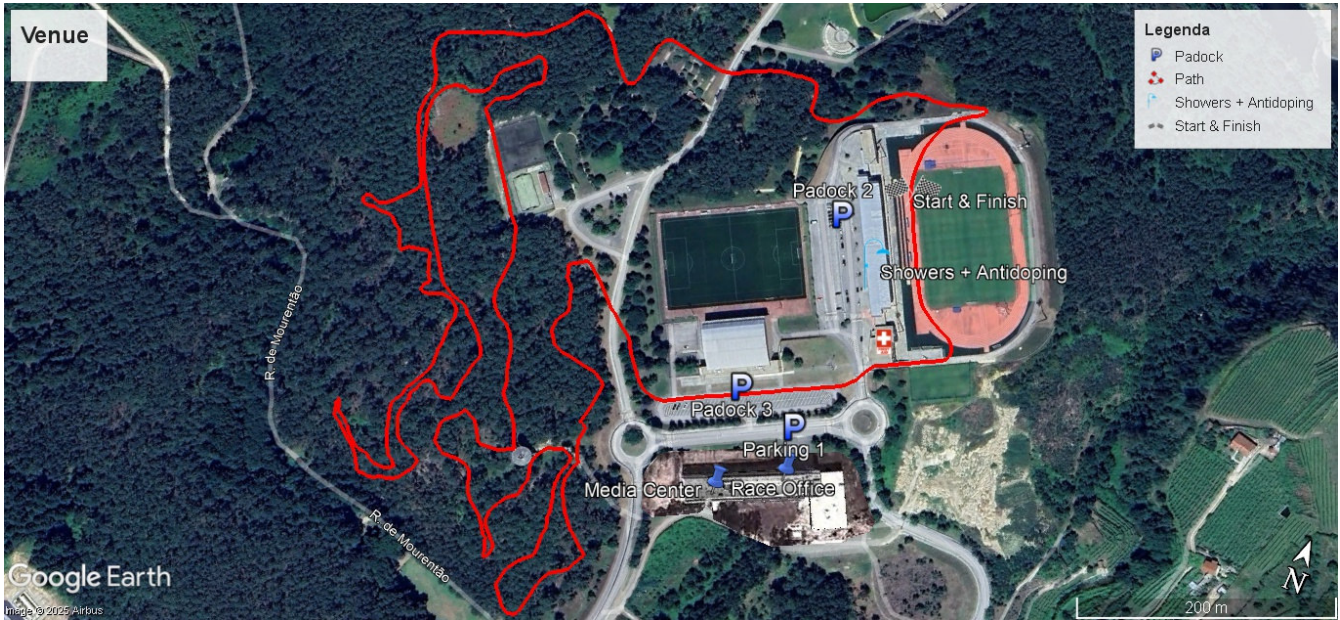
## ARTICLE 12. RESPONSIBILITIES

The organiser and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

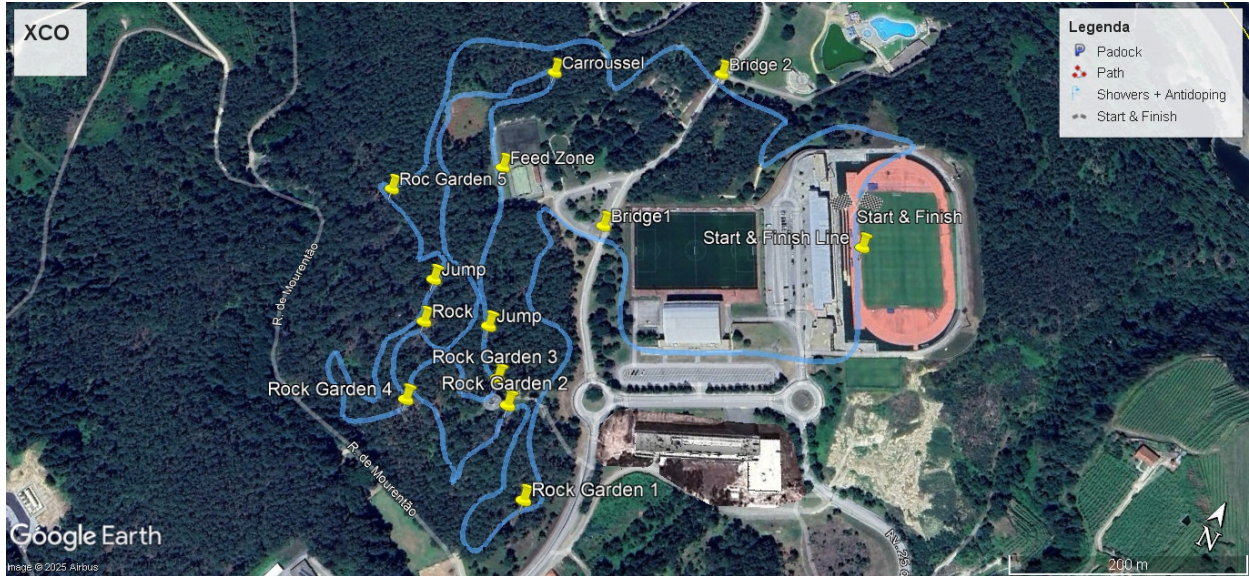
The organiser and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizer, the Commissaires Panel and UEC officials.

**8. APPENDICES**



**XCO COURSE**



**XCC COURSE**

